



Quarter 4  
MAR 16 - MAY 15



## Yoga Club

Grades 3-6

Instructor: Ms. Alex

Join Ms. Alex in finding the mind-body connection! This club focuses on self-esteem boosting with mindful practice and meditations. Basic foundational yoga sequences, partner poses, and mindful games promote inner peace and spreading kindness to others! A relaxing way to end the school day and start the week out strong.

Mondays, 3:30-4:30p

Cost: \$220

## Track Club

Ages 7-14

Instructors: Mr. Kris & Ms. Sarah

This is a great introduction to track in a positive team environment for students aged 7-14! Practices will focus on the fundamentals of sprinting, standing long jump, mile and relay run. **Note:** Students participating in Track and Field through CAA are not eligible to join this club.

Mondays, Mar 16-April 13 only, 3:45-4:45p

Cost: \$200

Track Meet Dates: April 3 and April 17, 6-9p

## Music Club

All Grades

Instructor: Don Carlos

Music can strengthen neural pathways and stimulate neurologic growth and brain development! Join Mr. Carlos every Tuesday in the Studio and create music to feed your brain and soul!

Tuesdays, 3:45-4:45p

Cost: \$180

## YGG! (You Go Girl) Club

Grades 1-5

Instructor: Ms. Michaela

Come join Ms. Michaela for an hour after school to build up your friendship skills through art and discussion!

Wednesdays, 3:30-4:30p

Cost: \$160

## People & Cultures of the World

Grades 6-12

Instructor: Mike DeLaura

Join Mr. Mike for this project-based club, where we'll be exploring different people and their cultures. Students will have the opportunity to enjoy hands-on cultural experiences and learn about their meanings and significance.

Wednesdays, 3:45-4:45p

Cost: \$160

## Dance Club

Grades 1-7

Instructor: Ms. Sarah

Calling all dancers! Make new friends and learn cool moves! Whether you're brand new to dance or are a seasoned dancer, you'll be active, have fun, and grow your skills in this fitness club. Kids will enjoy Zumba dancing and learn short hip-hop/jazz routines to show friends and family!

Wednesdays, 3:30-4:30p

Cost: \$160

## Spanish Club

All Grades

Instructor: Don Carlos

Students will learn the basics of Spanish in a fun, conversational setting, knowing how to identify themselves and other people, adjectives, the parts of the body and where things are!

Thursdays, 3:30-4:30p

Cost: \$160

## Candy & Crafting Club

All Grades

Instructor: Ms. Lorraine

The final candy & crafting class for the year will combine a mixture of cookies, candy, and crafts with layers of fun topped off with all the sweetness we can find! Your taste buds will be delighted!

Fridays, 3:30-4:30p

Cost: \$100

Does not meet on Early Release days.

Fees are charged through **FACTS**; no refunds can be given for missed sessions. For children enrolled in after-school clubs, Extended Day drop-in fee will be charged for any student remaining on campus **10 minutes after** the club is dismissed for pick-up. (Extended Day is complimentary from the time of dismissal until the club begins.)

To enroll: [jonesgordon.org/Q4-clubs](http://jonesgordon.org/Q4-clubs)